

A-Meet VR@FH - 7/6/2013
Northern Virginia Swimming League
Meet Program

Event 1 Boys 8 & Under 25 SC Meter Freestyle

NVSL Meter: 15.10 1/1/1965 Roger McLeod
 FH Meter: 16.62 8/2/2008 Glen Lash
 VR Team Rec: 16.04 7/1/1999 Alex Nieves
 18.12 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Foti, Tyler	8	FH	_____
2	Beamon, Charles	7	VR	_____
3	Dailey, Samuel	8	FH	_____
4	Gunn, Sean	8	VR	_____
5	Burita, Evan	8	FH	_____
6	Vu, Tommy	8	VR	_____

Event 2 Girls 8 & Under 25 SC Meter Freestyle

NVSL Meter: 15.48 1/1/1985 Amy Rymiszewski
 FH Meter: 17.12 8/4/2012 Jenelle Chollette at 2012 Indi
 VR Team Rec: 16.74 7/21/2008 Didi Pace
 18.08 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Heaphy, Rachel	7	FH	_____
2	Cogan, Isabelle	8	VR	_____
3	Lilli, Chelsi	7	FH	_____
4	Kelliher, Caitlin	8	VR	_____
5	Allen, Samantha	8	FH	_____
6	Davila, Victoria	8	VR	_____

Event 3 Boys 9-10 50 SC Meter Freestyle

NVSL Meter: 30.16 6/21/2008 James Murphy
 FH Meter: 31.85 8/1/1992 Alejandro Castro
 34.62 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Nash, Colin	9	FH	_____
2	Thomas, Owen	9	VR	_____
3	Dailey, Maxwell	9	FH	_____
4	Cheifetz, Jason	9	VR	_____
5	Heaphy, Matthew	9	FH	_____
6	Wang, Kevin	10	VR	_____

Event 4 Girls 9-10 50 SC Meter Freestyle

NVSL Meter: 29.78 7/31/2010 Isabella Rongione
 FH Meter: 33.57 7/14/2012 Kyla Grigg
 35.40 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Allen, Regina	10	FH	_____
2	Conway, Katie	10	VR	_____
3	Chollette, Jenelle	9	FH	_____
4	Nguyen, Chelsea	10	VR	_____
5	Frawley, Kai	10	FH	_____
6	Orwat, Tessa	9	VR	_____

Event 5 Boys 11-12 50 SC Meter Freestyle

NVSL Meter: 26.44 7/14/2007 Cyrus Hashemi
 FH Meter: 28.02 7/1/1994 Alejandro Castro
 VR Team Rec: 29.65 6/14/2008 Matt Glowacki
 30.63 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Dock, Tristan	12	FH	_____
2	Metcalfe, Jack	12	VR	_____
3	Heaphy, John	12	FH	_____
4	Arcomona, Anthony	11	VR	_____
5	Soper, Chase	11	FH	_____
6	Gunn, Charlie	12	VR	_____

Event 6 Girls 11-12 50 SC Meter Freestyle

NVSL Meter: 27.36 6/23/2012 Cassidy Bayer
 FH Meter: 29.10 7/1/1981 Mary Quinn
 VR Team Rec: 29.65 7/1/2003 Mo Lacey
 30.94 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Whelan, Anne	11	FH	_____
2	Hart, Jacquelyn	12	VR	_____
3	Grigg, Kyla	11	FH	_____
4	Boyle, Sarah	12	VR	_____
5	Chollette, Julienne	11	FH	_____
6	Brazier, Hannah	12	VR	_____

Event 7 Boys 13-14 50 SC Meter Freestyle

NVSL Meter: 24.24 7/28/2007 Cabell Perrot
 FH Meter: 27.09 7/1/1996 Alejandro Castro
 VR Team Rec: 27.33 7/1/2000 R. McTigue
 27.52 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Ruby, Connor	13	FH	_____
2	Vu, Aaron	14	VR	_____
3	Padrutt, Ben	14	FH	_____
4	Eisenhart, Geoffrey	13	VR	_____
5	Lash, Glen	13	FH	_____
6	McGrath, Nicholas	14	VR	_____

Event 8 Girls 13-14 50 SC Meter Freestyle

NVSL Meter: 26.00 7/31/2010 Janet Hu
 FH Meter: 27.60 7/1/1983 Mary Quinn
 VR Team Rec: 28.26 6/22/2013 Chloe Hicks
 30.03 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Vejcik, Araxia	12	FH	_____
2	Davidson, Skyla	14	VR	_____
3	Dauray, Adeleine	13	FH	_____
4	Pace, Didi	13	VR	_____
5	Farman, Hannah	13	FH	_____
6	McAnally, Alexa	14	VR	_____

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Event 9 Boys 15-18 50 SC Meter Freestyle

NVSL Meter: 23.31 6/29/2013 Paul O'Hara
FH Meter: 25.64 7/30/2011 Alex Johnson
VR Team Rec: 25.98 7/21/2008 Joey Angello
 25.16 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Perdomo, Marco	16	FH	_____
2	Pace, Johnny	16	VR	_____
3	Boyd, Aaron	15	FH	_____
4	Castro, Joey	16	VR	_____
5	Gore, Dylan	17	FH	_____
6	Pisarcik, Brian	17	VR	_____

Event 10 Girls 15-18 50 SC Meter Freestyle

NVSL Meter: 26.27 7/28/2012 Janet Hu
FH Meter: 27.28 7/1/1984 Mary Quinn
VR Team Rec: 27.96 7/1/2002 Amanda Miller
 28.58 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Peterson, Caroline	18	FH	_____
2	Higinbotham, Sierra	18	VR	_____
3	Padrutt, Sarah	16	FH	_____
4	Hicks, Chloe	14	VR	_____
5	Kennedy, Catherine	17	FH	_____
6	Sheftel, Jessica	17	VR	_____

Event 11 Boys 8 & Under 25 SC Meter Backstroke

NVSL Meter: 18.15 7/28/2007 Roman Lowery
FH Meter: 20.54 7/21/2008 Glen Lash
 22.79 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Burita, Evan	8	FH	_____
2	Dahm, Logan	7	VR	_____
3	Gonsalves, John Paul	7	FH	_____
4	Whitton, William	7	VR	_____
5	Dailey, Samuel	8	FH	_____
6	Metcalf, Sam	8	VR	_____

Event 12 Girls 8 & Under 25 SC Meter Backstroke

NVSL Meter: 18.18 8/1/2009 Sinead Eksteen
FH Meter: 20.83 8/1/2001 Nina Shallal
 22.80 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Bellem, Correne (Elizabeth)	8	FH	_____
2	Leventry, Jenna	8	VR	_____
3	Lilli, Chelsi	7	FH	_____
4	Kelliher, Caitlin	8	VR	_____
5	Allen, Samantha	8	FH	_____
6	Orwat, Natalie	7	VR	_____

Event 13 Boys 9-10 50 SC Meter Backstroke

NVSL Meter: 34.12 1/1/1999 Andy Richardson
FH Meter: 40.00 7/12/2010 Glen Lash
 40.65 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Heaphy, Matthew	9	FH	_____
2	Thomas, Owen	9	VR	_____
3	Nash, Colin	9	FH	_____
4	Boyle, Andrew	9	VR	_____
5	Halal, Adrian	9	FH	_____
6	Cheifetz, Jason	9	VR	_____

Event 14 Girls 9-10 50 SC Meter Backstroke

NVSL Meter: 34.32 6/24/2006 Janet Hu
FH Meter: 40.19 8/4/2012 Kyla Grigg at 2012 Individual
 41.73 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Vejcik, Kataryna	10	FH	_____
2	Nguyen, Chelsea	10	VR	_____
3	Chollette, Jenelle	9	FH	_____
4	Turflinger, Alana	9	VR	_____
5	Elkins, Jane	9	FH	_____
6	Gunn, Catie	10	VR	_____

Event 15 Boys 11-12 50 SC Meter Backstroke

NVSL Meter: 29.09 7/7/2007 Philip Hu
FH Meter: 34.71 7/1/1994 Alejandro Castro
VR Team Rec: 32.18 6/14/2008 Matt Glowacki
 35.91 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Foti, Cameron	11	FH	_____
2	Schlatter, Harry	12	VR	_____
3	Dock, Tristan	12	FH	_____
4	Tennille, Ryan	12	VR	_____
5	Soper, Chase	11	FH	_____
6	Cheifetz, Joel	12	VR	_____

Event 16 Girls 11-12 50 SC Meter Backstroke

NVSL Meter: 30.06 6/28/2008 Janet Hu
FH Meter: 33.30 8/1/1981 Mary Quinn
VR Team Rec: 31.93 7/1/1995 Lyndsay Delquadro
 36.44 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Soper, Tate	12	FH	_____
2	Masterson, Olivia	11	VR	_____
3	Shogren, Rachel	12	FH	_____
4	Boyle, Sarah	12	VR	_____
5	Grigg, Kyla	11	FH	_____
6	Brazier, Hannah	12	VR	_____

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Event 17 Boys 13-14 50 SC Meter Backstroke

NVSL Meter: 27.81 7/11/2009 Philip Hu
 FH Meter: 31.27 7/4/2009 Daniel Jessen
 VR Team Rec: 29.16 7/25/2009 Matt Glowacki
 32.15 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Hurley, Nicholas	11	FH	_____
2	McGrath, Nicholas	14	VR	_____
3	Gonsalves, Joseph	9	FH	_____
4	Eisenhart, Geoffrey	13	VR	_____
5	Dock, Jason	10	FH	_____
6	Pisarcik, Scott	13	VR	_____

Event 18 Girls 13-14 50 SC Meter Backstroke

NVSL Meter: 29.75 7/17/2010 Janet Hu
 FH Meter: 32.00 7/1/1983 Mary Quinn
 VR Team Rec: 31.05 7/1/1997 Lyndsay Delquadro
 34.59 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Heaphy, Shannon	14	FH	_____
2	McAnally, Alexa	14	VR	_____
3	Foti, Teagan	13	FH	_____
4	Hicks, Chloe	14	VR	_____
5	Kennedy, Lauren	14	FH	_____
6	Cogan, Chanel	13	VR	_____

Event 19 Boys 15-18 50 SC Meter Backstroke

NVSL Meter: 25.82 8/7/2010 Sean Fletcher
 FH Meter: 28.67 8/1/2001 Matthew Wolff
 VR Team Rec: 28.89 7/1/2005 Andy Richardson
 29.18 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Lash, Alexander	17	FH	_____
2	Benedetto, Nicholas	16	VR	_____
3	Gore, Dylan	17	FH	_____
4	Glowacki, Matthew	17	VR	_____
5	Perdomo, Marco	16	FH	_____
6	Jugus, Sam	18	VR	_____

Event 20 Girls 15-18 50 SC Meter Backstroke

NVSL Meter: 28.21 8/4/2012 Janet Hu
 FH Meter: 31.75 8/1/1987 Mary Quinn
 VR Team Rec: 31.27 7/1/1998 Lyndsay Delquadro Mia Newkirk
 32.37 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Paletti, Faith	17	FH	_____
2	Higinbotham, Sierra	18	VR	_____
3	Manthos, Elizabeth	17	FH	_____
4	Newkirk, Mia	15	VR	_____
5	Reynolds, Amy	17	FH	_____
6	Blondin, Maggie	17	VR	_____

Event 21 Boys 8 & Under 25 SC Meter Breaststroke

NVSL Meter: 20.50 1/1/1980 Matt Buckley
 FH Meter: 24.20 6/28/2008 Glen Lash
 25.64 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Warth, Benjamin	8	FH	_____
2	Gary, Connor	8	VR	_____
3	Foti, Tyler	8	FH	_____
4	Metcalf, Sam	8	VR	_____
5	Blanchard, Teddy	8	FH	_____
6	Beamon, Charles	7	VR	_____

Event 22 Girls 8 & Under 25 SC Meter Breaststroke

NVSL Meter: 19.98 1/1/1985 Amy Rymiszewski
 FH Meter: 23.00 6/1/1980 Patti Grirstantas
 24.63 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Halal, Scarlett	7	FH	_____
2	Vu, Julia	8	VR	_____
3	Russell, Johanna	6	FH	_____
4	Liskey, Emma	8	VR	_____
5	Vejcik, Isabella	8	FH	_____
6	Leventry, Jenna	8	VR	_____

Event 23 Boys 9-10 50 SC Meter Breaststroke

NVSL Meter: 38.66 1/1/1995 Rick Eddy
 FH Meter: 43.94 7/31/2010 Glen Lash at Div 09 Divisional
 46.94 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Halal, Adrian	9	FH	_____
2	Hart, Michael	9	VR	_____
3	Frawley, Tytan	9	FH	_____
4	Liskey, Jack	10	VR	_____
5	Dauray, Caden	10	FH	_____
6	Wang, Kevin	10	VR	_____

Event 24 Girls 9-10 50 SC Meter Breaststroke

NVSL Meter: 37.50 7/17/2010 Jacqueline Clabeaux
 FH Meter: 41.60 7/28/2012 Julienne Chollette at Div 06 I
 46.88 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Lash, Mariah	9	FH	_____
2	Gary, Meghan	10	VR	_____
3	Frawley, Kai	10	FH	_____
4	Turflinger, Alana	9	VR	_____
5	Ramirez, Eliana	10	FH	_____
6	Paredes, Grace	10	VR	_____

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Event 25 Boys 11-12 50 SC Meter Breaststroke

NVSL Meter:	34.42	1/1/1996	Matt Stringham
FH Meter:	40.00	8/1/2005	Alex Johnson
VR Team Rec:	38.26	6/14/2008	Matt Glowacki
	40.49	ALL*	

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Dalrymple, Jack	11	FH	_____
2	Tennille, Ryan	12	VR	_____
3	Heaphy, John	12	FH	_____
4	Cheifetz, Joel	12	VR	_____
5	Ayoub, Fares	12	FH	_____
6	Beamon, William	11	VR	_____

Event 26 Girls 11-12 50 SC Meter Breaststroke

NVSL Meter:	34.88	1/1/1995	Lindsey Ertter
NVSL 2:	34.88	1/1/2003	Ashley Danner
FH Meter:	36.80	8/1/1994	Caitlin Lainoff
VR Team Rec:	38.85	8/2/2008	Serena Emanuel
	40.68	ALL*	

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Lemens, Carolyn	12	FH	_____
2	Castro, Sammi	12	VR	_____
3	Chollette, Julienne	11	FH	_____
4	Masterson, Olivia	11	VR	_____
5	Whelan, Anne	11	FH	_____
6	Liskey, Katie	12	VR	_____

Event 27 Boys 13-14 50 SC Meter Breaststroke

NVSL Meter:	31.58	1/1/1999	Rick Eddy
FH Meter:	34.69	7/1/2001	Brian Tordella
VR Team Rec:	34.94	7/1/1997	Jonathan Weiner
	35.37	ALL*	

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Hurley, Nicholas	11	FH	_____
2	Beamon, Thomas	13	VR	_____
3	Ruby, Connor	13	FH	_____
4	Wang, Leo	13	VR	_____
5	Elkins, Luke	12	FH	_____
6	Vu, Aaron	14	VR	_____

Event 28 Girls 13-14 50 SC Meter Breaststroke

NVSL Meter:	32.83	1/1/1997	Lindsey Ertter
FH Meter:	36.41	7/1/1995	Caitlin Lainoff
VR Team Rec:	36.55	6/22/2013	Skyla Davidson
	38.67	ALL*	

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Vejcik, Araxia	12	FH	_____
2	Matz, Meredith	14	VR	_____
3	Dauray, Adeleine	13	FH	_____
4	Guidash, Emma	13	VR	_____
5	Heaphy, Shannon	14	FH	_____
6	Borsato, Abby	13	VR	_____

Event 29 Boys 15-18 50 SC Meter Breaststroke

NVSL Meter:	28.81	1/1/1998	Ed Moses
FH Meter:	31.85	7/30/2011	Alex Johnson
VR Team Rec:	32.95	7/1/2003	Joeff Dohmann
	32.15	ALL*	

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Paletti, John	15	FH	_____
2	Kearney, Patrick	15	VR	_____
3	Boyd, Andrew	18	FH	_____
4	Castro, Joey	16	VR	_____
5	Farman, Mason	15	FH	_____
6	Pisarcik, Brian	17	VR	_____

Event 30 Girls 15-18 50 SC Meter Breaststroke

NVSL Meter:	32.01	8/4/2007	Ashley Danner
FH Meter:	37.42	8/1/2003	Sivan Adato
VR Team Rec:	35.55	7/25/2009	Tatiana Duchak
	36.90	ALL*	

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Peterson, Caroline	18	FH	_____
2	Tweddle, Reilly	15	VR	_____
3	Kennedy, Catherine	17	FH	_____
4	Davidson, Skyla	14	VR	_____
5	Cook, Maddy	15	FH	_____
6	Guidash, Brooke	15	VR	_____

Event 31 Boys 8 & Under 25 SC Meter Butterfly

NVSL Meter:	16.80	8/6/2011	Anthony Grimm
FH Meter:	18.66	8/2/2008	Glen Lash
	21.77	ALL*	

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Blanchard, Teddy	8	FH	_____
2	Gary, Connor	8	VR	_____
3	Gonsalves, John Paul	7	FH	_____
4	Gunn, Sean	8	VR	_____
5	Warth, Benjamin	8	FH	_____
6	Whitton, William	7	VR	_____

Event 32 Girls 8 & Under 25 SC Meter Butterfly

NVSL Meter:	16.81	7/17/2004	Janet Hu
FH Meter:	18.91	8/1/1989	Melissa Goline
	20.76	ALL*	

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Clark, Ana	8	FH	_____
2	Liskey, Emma	8	VR	_____
3	Halal, Scarlett	7	FH	_____
4	Cogan, Isabelle	8	VR	_____
5	Bellem, Correne (Elizabeth)	8	FH	_____
6	Davila, Victoria	8	VR	_____

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Event 33 Boys 9-10 25 SC Meter Butterfly

NVSL Meter: 15.02 6/22/2013 Anthony Grimm
 FH Meter: 15.99 8/1/1992 Alejandro Castro
 VR Team Rec: 15.81 7/1/1995 Kyle Delquadro
 17.35 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Dauray, Caden	10	FH	_____
2	Boyle, Andrew	9	VR	_____
3	Dailley, Maxwell	9	FH	_____
4	Liskey, Jack	10	VR	_____
5	Frawley, Tytan	9	FH	_____
6	Hart, Michael	9	VR	_____

Event 34 Girls 9-10 25 SC Meter Butterfly

NVSL Meter: 14.74 7/31/2010 Cassidy Bayer
 FH Meter: 15.78 7/1/2003 Annika Jessen
 VR Team Rec: 15.72 8/8/2010 Didi Pace
 17.68 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Elkins, Jane	9	FH	_____
2	Gunn, Catie	10	VR	_____
3	Lash, Mariah	9	FH	_____
4	Conway, Katie	10	VR	_____
5	Vejcik, Kataryna	10	FH	_____
6	Whitton, Maddie	9	VR	_____

Event 35 Boys 11-12 50 SC Meter Butterfly

NVSL Meter: 28.81 8/4/2007 Philip Hu
 FH Meter: 30.08 7/1/1995 Alejandro Castro
 VR Team Rec: 31.34 6/14/2008 Matt Glowacki
 33.88 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Ayoub, Fares	12	FH	_____
2	Metcalfe, Jack	12	VR	_____
3	Foti, Cameron	11	FH	_____
4	Arcomona, Anthony	11	VR	_____
5	Elkins, Luke	12	FH	_____
6	Schlatter, Harry	12	VR	_____

Event 36 Girls 11-12 50 SC Meter Butterfly

NVSL Meter: 28.49 7/28/2012 Cassidy Bayer
 FH Meter: 31.43 7/1/2005 Annika Jessen
 VR Team Rec: 31.44 7/1/1995 Lyndsay Delquadro
 35.34 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Lemens, Carolyn	12	FH	_____
2	Matthews, Becca	11	VR	_____
3	Shogren, Rachel	12	FH	_____
4	Hart, Jacquelyn	12	VR	_____
5	Soper, Tate	12	FH	_____
6	Liskey, Katie	12	VR	_____

Event 37 Boys 13-14 50 SC Meter Butterfly

NVSL Meter: 26.40 7/30/2011 Andrew Seliskar
 FH Meter: 29.09 7/1/1995 Alejandro Castro
 VR Team Rec: 29.37 7/25/2009 Matt Glowacki
 30.60 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Dalrymple, Jack	11	FH	_____
2	Beamon, Thomas	13	VR	_____
3	Lash, Glen	13	FH	_____
4	Wang, Leo	13	VR	_____
5	Padrutt, Ben	14	FH	_____
6	Emanuel, Luke	14	VR	_____

Event 38 Girls 13-14 50 SC Meter Butterfly

NVSL Meter: 28.70 7/25/2009 Janet Hu
 FH Meter: 29.90 7/1/1983 Mary Quinn
 VR Team Rec: 30.49 7/28/2012 Mia Newkirk
 32.48 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Farman, Hannah	13	FH	_____
2	Meredith, Alison	14	VR	_____
3	Kennedy, Lauren	14	FH	_____
4	Pace, Didi	13	VR	_____
5	Foti, Teagan	13	FH	_____
6	Cogan, Chanel	13	VR	_____

Event 39 Boys 15-18 50 SC Meter Butterfly

NVSL Meter: 24.34 7/25/2009 Sean Fletcher
 FH Meter: 27.45 8/1/1996 Michael Gosline
 VR Team Rec: 27.54 7/1/2005 A. Richardson
 27.52 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Clark, Juan	17	FH	_____
2	Meredith, Andrew	17	VR	_____
3	Boyd, Aaron	15	FH	_____
4	Glowacki, Matthew	17	VR	_____
5	Lash, Alexander	17	FH	_____
6	Kearney, Patrick	15	VR	_____

Event 40 Girls 15-18 50 SC Meter Butterfly

NVSL Meter: 27.95 7/30/2011 Janet Hu
 FH Meter: 28.94 7/1/1984 Mary Quinn
 VR Team Rec: 30.94 7/1/2003 Melissa Munse
 31.03 ALL*

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Reynolds, Amy	17	FH	_____
2	Sheftel, Jessica	17	VR	_____
3	Padrutt, Sarah	16	FH	_____
4	Newkirk, Mia	15	VR	_____
5	Manthos, Elizabeth	17	FH	_____
6	Turflinger, Erika	15	VR	_____

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Event 41 Boys 8 & Under 100 SC Meter Freestyle Relay

NVSL Meter: 1:09.84 7/11/1992 Sleepy Hollow Bath
 G. Pierson, C. Borges, W. Tsui, A. Fishman
 FH Meter: 1:18.13 7/18/2012 A Halal, C Nash, M Heaphy, M Dailey at All Stars
 1:21.40 ALL*

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			_____
2			_____
3	Forest Hollow	A	_____
	1) Dailey, Samuel 8	2) Foti, Tyler 8	
	3) Burita, Evan 8	4) Gonsalves, John Paul 7	
4	Va Run Riptide	A	_____
	1) Gunn, Sean 8	2) Vu, Tommy 8	
	3) Beamon, Charles 7	4) Gary, Connor 8	
5			_____
6			_____

Event 42 Girls 8 & Under 100 SC Meter Freestyle Relay

NVSL Meter: 1:11.80 6/25/1983 Cardinal Hill
 R. Otkke, M. Valentino, J. Neighbors, K. Jaarsma
 FH Meter: 1:18.41 7/1/1987 L Grekas, R Caldwell, M Gosline, C Pendleton
 1:21.66 ALL*

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			_____
2			_____
3	Forest Hollow	A	_____
	1) Lilli, Chelsi 7	2) Allen, Samantha 8	
	3) Heaphy, Rachel 7	4) Dauray, Sophie 7	
4	Va Run Riptide	A	_____
	1) Leventry, Jenna 8	2) Cogan, Isabelle 8	
	3) Davila, Victoria 8	4) Kelliher, Caitlin 8	
5			_____
6			_____

Event 43 Boys 9-10 100 SC Meter Medley Relay

NVSL Meter: 1:08.44 7/9/2012 Chesterbrook
 O. Bernasek, N. Spicer, A. Kambhampaty, A. Bernstein
 FH Meter: 1:12.59 7/1/2002 J Wildes, A Johnson, C Mahoney, Z Manthos
 VR Team Rec: 1:11.41 7/1/1996 VR S
 B ond, C. Anderson, R. McTigue, C. Scanlon
 1:18.12 ALL*

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			_____
2			_____
3	Forest Hollow	A	_____
	1) Nash, Colin 9	2) Dauray, Caden 10	
	3) Dailey, Maxwell 9	4) Halal, Adrian 9	
4	Va Run Riptide	A	_____
	1) Thomas, Owen 9	2) Liskey, Jack 10	
	3) Boyle, Andrew 9	4) Cheifetz, Jason 9	
5			_____
6			_____

Event 44 Girls 9-10 100 SC Meter Medley Relay

NVSL Meter: 1:09.41 7/1/1989 Vienna Woods
 T. Ebert, C. Merrell, S. Hoopengardner, A. Fitch
 FH Meter: 1:14.83 7/1/2003 N Shallal, K Barrowcliff, A Jessen, C Kane
 VR Team Rec: 1:12.79 7/1/1993 VR
 L. Delquadro, J. Shafer, A. Robidoux, S. Simpers
 1:19.01 ALL*

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			_____
2			_____
3	Forest Hollow	A	_____
	1) Chollette, Jenelle 9	2) Frawley, Kai 10	
	3) Lash, Mariah 9	4) Allen, Regina 10	
4	Va Run Riptide	A	_____
	1) Nguyen, Chelsea 10	2) Turflinger, Alana 9	
	3) Gunn, Catie 10	4) Conway, Katie 10	
5			_____
6			_____

A-Meet VR@FH - 7/6/2013
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Event 45 Boys 11-12 100 SC Meter Medley Relay

NVSL Meter: 1:00.38 7/7/2012 Chesterbrook
 G. DeWitt, S. Gollob, T. Outlaw, J. Kambhampaty
 FH Meter: 1:08.79 7/1/1999 M Bernfeld, B Tordella, S Anderson, J Martin
 VR Team Rec: 1:05.00 7/1/2000 VR
 A. Richardson, P. Knight, G. Davidson, C. Shumate
 1:07.72 ALL*

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			_____
2			_____
3	Forest Hollow	A	_____
	1) Dock, Tristan 12	2) Heaphy, John 12	
	3) Foti, Cameron 11	4) Soper, Chase 11	
4	Va Run Riptide	A	_____
	1) Tennille, Ryan 12	2) Cheifetz, Joel 12	
	3) Arcomona, Anthony 11	4) Metcalf, Jack 12	
5			_____
6			_____

Event 46 Girls 11-12 100 SC Meter Medley Relay

NVSL Meter: 1:02.21 7/15/2006 Fairfax Station
 M. Rodgers, J. Parry, T. Parry, C. Rider
 FH Meter: 1:05.03 7/1/2004 N Shallal, E Holcombe, A Jessen, E Stewart
 VR Team Rec: 1:06.52 7/1/1994 VR
 L. Delquadro, A. Yehl, A. Roberts, D. Tisinger
 1:07.87 ALL*

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			_____
2			_____
3	Forest Hollow	A	_____
	1) Grigg, Kyla 11	2) Chollette, Julienne 11	
	3) Shogren, Rachel 12	4) Whelan, Anne 11	
4	Va Run Riptide	A	_____
	1) Boyle, Sarah 12	2) Masterson, Olivia 11	
	3) Hart, Jacquelyn 12	4) Brazier, Hannah 12	
5			_____
6			_____

Event 47 Boys 13-14 100 SC Meter Medley Relay

NVSL Meter: 54.85 7/9/2011 McLean
 C. Murphy, A. Seliskar, J. Nguyen, J. Saunders
 FH Meter: 1:01.34 7/4/2009 Daniel Jessen, Gerry Souser,
 Alec Stewart, Michael Sgrecci
 VR Team Rec: 57.46 7/1/2005 VR
 J. Angello, M. Anderson, B. Berling, A. Nieves

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			_____
2			_____
3	Forest Hollow	A	_____
	1) Lash, Glen 13	2) Elkins, Luke 12	
	3) Padrutt, Ben 14	4) Ruby, Connor 13	
4	Va Run Riptide	A	_____
	1) Eisenhart, Geoffrey 13	2) Wang, Leo 13	
	3) Beamon, Thomas 13	4) Vu, Aaron 14	
5			_____
6			_____

Event 48 Girls 13-14 100 SC Meter Medley Relay

NVSL Meter: 59.20 7/7/2012 Orange Hunt
 S. Chewning, C. S. Stevens, R. Dryer, T. Doran
 FH Meter: 1:04.00 7/1/1975 K Guenther, A Johnson, K Jones,
 D Bennett
 VR Team Rec: 1:01.44 6/22/2013 VR C
 Hicks, S Davidson, D Pace, A McAnally

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			_____
2			_____
3	Forest Hollow	A	_____
	1) Foti, Teagan 13	2) Heaphy, Shannon 14	
	3) Kennedy, Lauren 14	4) Dauray, Adeleine 13	
4	Va Run Riptide	A	_____
	1) Hicks, Chloe 14	2) Davidson, Skyla 14	
	3) Pace, Didi 13	4) McAnally, Alexa 14	
5			_____
6			_____

A-Meet VR@FH - 7/6/2013
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Event 49 Boys 15-18 200 SC Meter Medley Relay

NVSL Meter: 1:50.26 6/22/2013 McLean
 S. Seliskar, A. Seliskar, C. Murphy, J. Nguyen
 FH Meter: 1:59.87 7/1/1993 J Moran, M schafer, I Caldwell
 , M Gosline
 1:57.12 ALL*

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			_____
2			_____
3	Forest Hollow	A	_____
	1) Gore, Dylan 17	2) Boyd, Andrew 18	
	3) Boyd, Aaron 15	4) Perdomo, Marco 16	
4	Va Run Riptide	A	_____
	1) Glowacki, Matthew 17	2) Kearney, Patrick 15	
	3) Castro, Joey 16	4) Pace, Johnny 16	
5			_____
6			_____

Event 50 Girls 15-18 200 SC Meter Medley Relay

NVSL Meter: 2:01.34 7/11/2009 Tuckahoe
 E. Greene, K. Schirm, M. Howard, M. Harlow
 FH Meter: 2:12.31 7/1/1997 J Wolff, J Bender, K Mooney, K
 Bechtoldt
 2:12.94 ALL*

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			_____
2			_____
3	Forest Hollow	A	_____
	1) Manthos, Elizabeth 17	2) Kennedy, Catherine 17	
	3) Padrutt, Sarah 16	4) Peterson, Caroline 18	
4	Va Run Riptide	A	_____
	1) Higinbotham, Sierra 18	2) Newkirk, Mia 15	
	3) Sheftel, Jessica 17	4) Turflinger, Erika 15	
5			_____
6			_____

Event 51 Boys 18 & Under 200 SC Meter Freestyle Mixed Age Relay

NVSL Meter: 1:51.77 6/22/2013 Chesterbrook
 T. Outlaw, A. Bernstein, J. Kambhampty, C. Outlaw
 FH Meter: 1:58.90 7/1/1992 C Bender, A Castro, M Gosline,
 J Moran
 2:00.20 ALL*

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			_____
2			_____
3	Forest Hollow	A	_____
	1) Heaphy, John 12	2) Dailey, Maxwell 9	
	3) Padrutt, Ben 14	4) Boyd, Aaron 15	
4	Va Run Riptide	A	_____
	1) Arcomona, Anthony 11	2) Cheifetz, Jason 9	
	3) Eisenhart, Geoffrey 13	4) Castro, Joey 16	
5			_____
6			_____

Event 52 Girls 18 & Under 200 SC Meter Freestyle Mixed Age Relay

NVSL Meter: 1:58.46 6/20/1998 Vienna Woods
 M. Mays, K. Finnegan, A. Cameron, Q. Amesbury
 FH Meter: 2:06.33 7/15/2009 Erin Johnson, Savannah Ross,
 Anise Foreman, Annika Jessen
 2:06.22 ALL*

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			_____
2			_____
3	Forest Hollow	A	_____
	1) Grigg, Kyla 11	2) Chollette, Jenelle 9	
	3) Dauray, Adeleine 13	4) Padrutt, Sarah 16	
4	Va Run Riptide	A	_____
	1) Boyle, Sarah 12	2) Nguyen, Chelsea 10	
	3) Hicks, Chloe 14	4) Newkirk, Mia 15	
5			_____
6			_____